



Carmel Lui  
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## JANUARY – MARCH 2010, 12 WEEK TERM

**Commences Monday 4 January - Concludes Saturday 27 March**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
9.15am <b>Ball, Floor &amp; Foam Roller Class</b> Carindale	9.00am <b>Ball, Floor &amp; Foam Roller Class</b> Mt Gravatt Central	9.00am <b>Basic/Intermediate</b> Coorparoo (Katrina)	9.00am <b>Basic/Intermediate</b> Coorparoo	8.30am <b>Basic/Intermediate</b> Carina (Karen)
10.15am <b>Beginners/Basic</b> Carindale	10.15am <b>Beginners/Basic</b> Mt Gravatt Central			
6.30pm <b>Ball, Floor &amp; Foam Roller Class</b> Carina	6.30pm <b>Basic/Intermediate</b> St Agnes, Mt Gravatt	7.15pm <b>Basic/Intermediate</b> Coorparoo (Katrina)	5.45pm <b>Ball, Floor &amp; Foam Roller Class</b> Mt Gravatt Central	
7.30pm <b>Beginners/Basic</b> Carina	7.30pm <b>Beginners</b> St Agnes, Mt Gravatt (Alicia)		6.45pm <b>Basic/Intermediate</b> Mt Gravatt Central	

### CLASS LOCATIONS

- Carina** – Carina Senior Citizens Centre, 1 Edmond St, Carina
- Carindale** – Pacific Golf Club, 430 Pine Mountain Road, Carindale (Air Conditioned)
- Mt Gravatt Central** – St Marks Uniting Church, Cnr Springwood & Hicks Sts, Mt Gravatt Central
- Mt Gravatt** – St Agnes Catholic Church & School, Cnr Logan Rd & Tudor St, Mt Gravatt
- Coorparoo** – Coorparoo Uniting Church, Cnr Cavendish Rd & York St, Coorparoo

.....please submit lower section.....

### ENROLMENT FORM

Name: .....  
 Address: ..... Suburb: ..... P/C: .....  
 Home Ph: ..... Mobile Ph: .....  
 Email: .....

I would like to enrol for 12 week term (PLEASE NOTE – NO CLASSES AUSTRALIA DAY)

Class Location	Day & Time

I have enclosed \$..... For 1 class per week/2 classes per week (please circle)

**Please make cheques payable to "Pilates Precision"** P.O. Box 559 CARINA Q 4152

**Note:** Ball, Floor & Roller Class – Bring Your Own Fitball, Roller provided – Quality Balls can be ordered and purchased thru Carmel - \$65.00

**Class fees:** 1 class per week \$168.00      2 classes per week \$300.00      casual class \$16.00

**Direct Deposit** – SUNCORP METWAY BANK BSB 484-799 A/C 000455671 (Carmel Lui) Please quote your name

1 <sup>st</sup> SPECIAL OFFER (earlybird)	2nd SPECIAL OFFER
Book and pay in full before 12 Dec 2009 and receive <b>10% off</b> class fees	Introduce a friend, enrol and pay together before Monday 4 January 2010 and receive <b>20% off</b> class fees

**Make-up Classes:** If you miss a class during the 12 week block, you are entitled to make up that class (at your level) at any venue or time prior to the completion of the term. **Cancellation Policy:** All cancellations must be in writing to "Pilates Precision". No refunds will be made after 3 weeks of the term commencement. Any refunds will incur a cancellation fee of \$25.00.

**PRIVATE REFORMER CLASSES - \$25 for a one hour class. CAMP HILL** – Each Wednesday with Carmel 9am–4pm (Studio Air Conditioned). Please call 3398 9556 to book, or speak directly with Carmel to find out more and arrange your booking. Bookings Essential!! (maximum 4 per class).

**1 CLASS PER WEEK FAIR RESULTS, 2 CLASSES PER WEEK GOOD RESULTS – IMPROVE YOUR BODY SHAPE AND DEVELOP A MORE CONFIDENT YOU!!**